

A Tale of Empowerment and Healing

Deb Teubert's transformative role as a holistic pet health coach extends beyond treating pets; it's about empowering pet owners to explore alternative healing avenues.

Analysis by Dr. Karen Shaw Becker

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STORY AT-A-GLANCE

- Deb Teubert is an experienced animal holistic health practitioner and certified holistic pet health coach who runs Deb's Whispering Tails
- Nominated for a Game Changer Award by Linda M., Teubert has been offering complimentary healing modalities to pets in central Wisconsin for 20 years
- Teubert studied acupressure and focuses her practice on Traditional Chinese Medicine, homeopathy and herbals; she also offers dietary and supplement consultations, photonic light therapy, and essential oil and hydrosol therapy
- By partnering with people who are open-minded to alternative modalities, Teubert feels she's able to offer pets increased longevity, more vitality and fewer chronic issues, like torn cranial cruciate ligaments (CCLs), autoimmune conditions and allergies
- Achieving overall wellness, Teubert says, must encompass the psyche, emotional and physical health, and this is true for pets, too

Acceptance of holistic healing in the animal realm continues to grow, and with this growing appreciation come amazing practitioners like Deb Teubert, an experienced animal holistic health practitioner and certified holistic pet health coach.

Nominated for a Game Changer Award by Linda M., Teubert has been offering complimentary healing modalities to pets in central Wisconsin for 20 years. "I've always had a special connection with animals, and I think that probably a lot of people can say that. But ... I knew there was something I wanted to do with that for my livelihood," she says.

She wasn't sure what — until a Siamese cat named Simmie entered her life. After Simmie suffered a bout of pancreatitis, Teubert dove into the world of whole food nutrition and began making homemade meals and diet programs for her cat. "And that was the beginning of my journey, as I say, toward what I'm doing now," she says. Teubert now runs Debs Whispering Tails, where she consults with pets — in person and online — to help them heal.

Natural Healing Modalities to Increase Pets' Longevity and Wellness

Teubert studied acupressure at Tallgrass Animal Institute in Colorado and focuses her practice on Traditional Chinese Medicine, homeopathy and herbals. She also offers dietary and supplement consultations, photonic light therapy, and essential oil and hydrosol therapy. She's developed relationships with veterinarians in her area, many of whom send

her referrals.

"I have an undergrad degree in clinical lab science, and I know lab values and understand lab values really well. So, I can talk with veterinarians. I feel at their level," she says. "And that gives me credibility with them. So, I'm not so 'woo woo,' as a lot of people would like to say."

Often, people bring their pets to Teubert when they're chronically ill and conventional veterinary medicine has failed them. It's in these cases that Teubert shines — and it's what she loves most about what she does:

"I think that I can empower them to walk down a different alley. That I can give them the strength to do that ... sometimes the dog or the cat is ... so chronically ill ... [I] hold their hand as they walk through a different alley that may be down a different road ... that maybe would not be supported by the conventional community.

And to help them be an advocate for their dog as they're doing that, and help them ask the right questions to decrease or stop a prescription medication — that's what I love. The empowering, the educating. Having them look through a different avenue for flea and tick medications, a different diet.

A whole food nutrition diet, and less vaccinations. And all of those questions that they may not have ever even considered, because they didn't know who to ask. So, the empowerment."

Giving Pets Vitality and Watching Their Owners Evolve

Holistic practitioners often get to witness their clients on their own journey as they learn more natural methods and begin advocating for their animals. It's incredibly rewarding to see people transition from fear to empowerment or from confusion to clarity, and Teubert has experienced this as well.

"You want the dog to have vitality, because it's so rewarding ... And it's so rewarding to see that when they get puppies, that they start with a whole food nutrition diet and less flea and tick medications. And that whole circle is because I helped empower them. And know that maybe there's a different way. There's a different way to raise their cat or their dog," she says.

By partnering with people who are open-minded to alternative modalities, Teubert feels she's able to offer pets increased longevity, more vitality and fewer chronic issues, like torn cranial cruciate ligaments (CCLs), autoimmune conditions and allergies. Achieving overall wellness, Teubert says, must encompass the psyche, emotional and physical health, and this is true for pets, too. When I asked her one thing that she'd like to share with the world, Teubert said:

"I think the one thing would be that in order to have true vitality for us and our four-legged family members there has to be spiritual, emotional, physical and mental health. All of those to be vital. And it's not up high in the sky. It's not difficult to achieve that, or as difficult as one would think that it would be.

But the one thing that can support that is whole food nutrition, which supports the gut microbiome, the healthy bacteria. And that alone feeds all those four aspects and contributes to a vital, I like to call them, four-legged family members."

If you'd like to learn more about Teubert and her complimentary healing modalities for large and small animals, you can find her at [**debswhisperingtails.com**](https://debswhisperingtails.com).
